Isobel's Journey

Female, 30-35 years old

timeline									CRISIS		
Primary care	GP				Visited GP and was referred to Adult Psychiatry Service		Asked for an additional pain relief for chronic pain. GP felt unable to give pain relief without DARS okaying it. Provided with Menthol and asked to discuss further pain relief options with DARS				
Secondary Care (Out Patient)	Hospital Emergency Department Obs			Community Mental Health nurse (CPN) visit commenced. Relationship with CPN broke down and asked is waiting for replacement to be assigned.							
	Hospital Emergency Department Obs									Assessed by doctor	
	Adult Psychiatry		Undergo Psychiatrist assessment: unconfirmed unstable personality disorder. Discharged from Adult Psychiatrist and experiencing homelessness								
Secondary Care (In Patient)	Mental Health Impatient Unit									Assessment and treatment. Discharged with information leaflet and 3 day worth medication.	
Substance misuse services	Drug & Alcohol Recovery Service	Undergo assessment & treatment with DARS. Started on Espranol		Visited DARS and was prescribed Methadone 50mg			ORT review	Contacted DARS to ask for additional pain relief medicine. DARS did not okay additional pain relief.			
Mental health Aervices	Crisis Resolution Home Treatment Team										Phased support (daily, every second day, etc.)
HSCP	Social Worker				Social Worker's Assessment						
3rd sector org	Housing and holistic support for most vulnerable					Contact with 3rd sector for assessment. Was allocated a room in a supported accommodation					
Supporting bodies	Police								Self-harmed in a community setting		